

WHO IS THE BLESSED PERSON?

Psalm 1:1-6

Key Verse 1:2

“...but whose delight is in the law of the LORD, and who meditates on his law day and night.”

1. What does “blessed” mean? What does a blessed person not do (1)? Why does the psalmist describe these three negative ways (see Mt 7:13-14)?
2. Read verse 2. What does a blessed person rather do with delight (2)? (Ps 119:147,148) What does it mean to delight and meditate on the law of the LORD day and night?
3. To what is the blessed person compared (3)? Discuss the phrases “planted by streams,” “yields fruit,” and “does not wither” (Ps 19:7-8; 2 Tim 3:15-17). Why is it that “whatever they do prospers”?
4. What are the wicked like (4)? In what ways are the wicked like chaff that the wind blows away? What happens to the wicked (5)?
5. What does the psalmist contrast in conclusion (6)? How can you be blessed?