

## TAKE UP THE WHOLE ARMOR OF GOD

Ephesians 6:10–24

Key Verse: 6:13

1. What is Paul's final exhortation, and what does this mean (10)? How can we be strong in the Lord (11a), and for what purpose (11b)? What might the devil's "schemes" be? How else does Paul describe our struggle, and what does this tell us about spiritual realities and about ourselves (12)?
2. Read verse 13. Why do you think Paul repeats the phrase "the whole armor of God" (11,13)? What do the words "stand against" (11), "withstand" and "stand firm" (13), and "stand" indicate (14a)? Why do we need the whole armor of God to do this?
3. What are "the belt of truth" (14a) and "the breastplate of righteousness" (14b)? What are our "shoes," and what does this mean (15)? When and why are we to use "the shield of faith," and how can we (16)?
4. What are the next two elements of God's armor, and why are they so vital (17)? What is the final element of God's armor, and how can we really do this (18)? What is Paul's personal request, and what can we learn from him (19–20)?
5. Who was Tychicus, and why is Paul sending him (21–22; cf. Ac20:4; Col4:7; 2Ti4:12; Tit3:12)? In his benediction, what does Paul emphasize, and why (23–24)?