

Get Up! Pick Up Your Mat and Walk

John 5:1-16

Key Verse: 5:8

“Then Jesus said to him, ‘Get up! Pick up your mat and walk.’”

1. Upon entering Jerusalem, where did Jesus go (1-2)? What kinds of people were there and why were they lying at the pool (3-[4])? How do they represent the sad realities of the world? Why did Jesus visit this place?
2. Who did Jesus notice and what was his condition (5-6a)? Consider how hopeless he must have felt. How did Jesus show his deep concern for the man? What did Jesus ask him (6b)? How could Jesus’ question give him hope?
3. What did the man’s response reveal about him (7)? What impossible command did Jesus give him (8)? How was the authority of Jesus’ word manifest (9a)? What can we learn about Jesus? What does Jesus’ word, “Get up! Pick up your mat and walk” mean to you?
4. What issue did the Jewish leaders raise with the man (9b-10)? How did the man explain his action (11)? What did the Jewish leaders ask and how did he respond (12-13)? How did the Jewish leaders’ legalism blind them from seeing the work of God?
5. Upon finding the man, what warning did Jesus give? (14) Why is sin so serious, and what could be worse than paralysis? What did the man tell the Jewish leaders? (15) What was the result? (16)