

“EVERY SPIRITUAL BLESSING”

Ephesians 1:1–14

Key Verse: 1:3

1. How does Paul introduce himself, and what does he mean (1a)? What is his current situation (3:1; 4:1a)? Who are his audience (1b; cf. 2:11–12)? Find out what you can about Ephesus. How does Paul greet these people, and why like this (2)?
2. In Greek, verses 3–14 are one long sentence; what is Paul’s main point, and why? Note the repeated words and phrases. Which major themes in this letter is he introducing?
3. Read verse 3. What do these words mean to Paul, to the Ephesian Christians, and to us? Why is it so important to know that all these blessings are only “in Christ”?
4. In verses 4–14, what are the roles of God the Father, Jesus the Son, and the Holy Spirit? How does the word of truth help us?
5. What does it mean that God “chose” us (4–5)? What is his goal for us (4b)? How can we be sure of his grace (6–8) and of our inheritance (11,14)?
6. In light of these verses, how can we share Paul’s heart’s desire to praise God’s glory, and why should we?