

PUT ON THE NEW SELF

Ephesians 4:17–32

Key Verse: 4:24

1. What kind of “walk” does Paul warn against (17–19)? What causes people to live this way? Why are our minds and hearts so important? Why do we all need this warning?
2. What does it mean to “learn Christ” and be “taught in him” (20–21)? Based on this truth, how should we be living (22–24)? What does Paul mean by “put off your old self,” “put on the new self,” and “be renewed in the spirit of your minds”?
3. How does Paul describe “the new self,” what does it mean to us, and why do we need to know this (24)?
4. What is Paul’s first practical application of putting on “the new self,” and why is this first (25)? What is his second application, and why is this so important (26–27)? What is his third application, and how is this relevant for all believers (28)?
5. What else does Paul emphasize in putting on “the new self,” and how can we live this way (29)? What does he warn us not to do, and what does this mean (30–31)? In the end, how does Paul describe “the new self,” and what can we learn here about living in community (32)?